



**SHADOW HILLS RIDING CLUB RIDER PACKAGE CHECK LIST**  
 10263 La Canada Way Shadow Hills, CA. 90140

All of the forms listed below are required to be completed, checked, signed and dated as indicated prior to the start of rider participation and annually thereafter.

**To be completed by rider, parent or caregiver by**

- 1. Rider package check list
- 2. Rider registration form
- 3. Contact and tuition payment
- 4. Rider Release
  - a) Liability release
  - b) Confidentiality agreement
  - c) Photo and video release
- 5. Authorization for emergency medical treatment form
- 6. Annual Health History and Contact Information Update Form
- 7. Possible reasons for discharge form
- 8. Rider goal sheet

**To be completed by the riders physician**

- 9. Information for Physician
- 10. Rider health history/physician assessment form
- 11. Cervical X-ray results for Atlanto-axial Instability for persons with Down Syndrome (if applicable) & Physician Release

**Client or Parent/Guardian must attach a copy of a valid Drivers License**

**For office use only**

Forms	1	2	3	4	5	6	7	8	9	10	11	12	13	14



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## RIDER REGISTRATION

### Program Information

Date \_\_\_\_\_

Participant Name: \_\_\_\_\_ Phone: \_\_\_\_\_

DOB \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Gender M F

Primary Diagnosis \_\_\_\_\_

Secondary Diagnosis \_\_\_\_\_

Mobility status (walks unassisted, assistant devices, etc) \_\_\_\_\_

Address \_\_\_\_\_

Communication (verbal, non-verbal signs) \_\_\_\_\_

Behaviors (impulsive, fearful, frustration tolerance) \_\_\_\_\_

Medications Taken \_\_\_\_\_

Seizures (if applicable please describe) \_\_\_\_\_

Limitations \_\_\_\_\_

Allergies \_\_\_\_\_

Skin sensitivity \_\_\_\_\_

Participant's occupation/ school grade level \_\_\_\_\_

Affiliate Program if applicable \_\_\_\_\_

Personal Goals (fill in the areas that apply) \_\_\_\_\_

Physical \_\_\_\_\_

Cognitive \_\_\_\_\_

Social/Behavioral \_\_\_\_\_

Life skills \_\_\_\_\_

Other \_\_\_\_\_

### Availability for the Shadow Hills Program (Check all available times and days)

Tuesday am \_\_\_\_\_ Tuesday afternoon \_\_\_\_\_ Thursday am \_\_\_\_\_

Thursday afternoon \_\_\_\_\_ Saturday am \_\_\_\_\_ Saturday afternoon \_\_\_\_\_

Start Date \_\_\_\_\_

(Decided at the assessment)



## CLIENT CONTACT AND TUITION INFORMATION

Participant Name: \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email Address \_\_\_\_\_

Names of parents/guardian:

Father \_\_\_\_\_ Cell \_\_\_\_\_ Email \_\_\_\_\_

Mother \_\_\_\_\_ Cell \_\_\_\_\_ Email \_\_\_\_\_

Best Emergency Contact:

Name \_\_\_\_\_ Phone \_\_\_\_\_ Cell \_\_\_\_\_

Parent occupation and employer:

Father \_\_\_\_\_ Work Phone \_\_\_\_\_

Mother \_\_\_\_\_ Work Phone \_\_\_\_\_

How were you referred to Shadow Hills Riding Club? \_\_\_\_\_

## 2013 PROGRAM TUITION PAYMENT DETAILS

Please tell us how you will be paying:

Check (please make payable to Shadow Hills Riding Club)

Credit Card

I \_\_\_\_\_ authorize Shadow Hills Riding Club to charge \$ \_\_\_\_\_ to my credit card. Date \_\_\_\_\_

Name on Card \_\_\_\_\_ Cardholder signature \_\_\_\_\_

Billing zip code \_\_\_\_\_ Card Number \_\_\_\_\_ Exp. \_\_\_\_\_

Other: \_\_\_\_\_

I understand and agree that all paperwork must be up to date and that all tuition is to be paid prior to the start of each session.

Signature of Rider or Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_



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RIDER LIABILITY RELEASE, CONFIDENTIALITY AGREEMENT, PHOTO & VIDEO RELEASE

Participant Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Legal Guardian/ Conservator (if applicable) \_\_\_\_\_

**Liability Release:**

Name of Parent/Guardian/Conservator \_\_\_\_\_

I acknowledge the risks and potential risks for horseback riding and activities in and around a facility where horses are kept and farm machinery operated. However, I feel that the possible benefits to me/my son/my daughter/my ward are greater than the risk assumed. Intending legally to bind myself, my heirs, and assigns, executors or administrators, I hereby waive and release forever all claims for loss or damages of any kind against Shadow Hills Equestrian Center and the non-profit program Shadow Hills Riding Club, its' Board of Directors, Instructors, Therapists, aids, Volunteers and employees for any and all injuries and losses that I/my son/my daughter/my ward may sustain while participating in the Shadow Hills Riding Club program. This release includes without limitation the risk of negligent instruction and supervision. I engage in activities at the Shadow Hills Equestrian Center voluntarily with knowledge of the risks and I assume all risks of injury, death, and property damage that may result. I agree to bear any loss myself. I acknowledge that Shadow Hills Equestrian Center and the non-profit program Shadow Hills Riding Club and the property owners are materially relying on this waiver and assumption of risk in allowing me/my son/my daughter/my ward to participate in the Shadow Hills Riding Club activities on the property of Shadow Hills Equestrian Center.

Date \_\_\_\_\_ Signature \_\_\_\_\_

(Participant, Parent or Caregiver)

**Confidentiality Agreement:**

I understand that all the information (written and verbal) about participants at this Professional Association of Therapeutic Horsemanship (PATH, International center) is confidential and not to be shared with anyone without expressed written consent of the participant and their parent/guardian in the case of a minor.

Date \_\_\_\_\_ Signature \_\_\_\_\_

(Participant, Parent or Caregiver)

**Photo and Video Release:**

\_\_\_\_\_ I consent to and authorize

\_\_\_\_\_ I do not consent to nor do I authorize

The use and reproduction by Shadow Hills Riding Club of any other audio/visual materials taken of me/my son/my daughter/my ward for distribution to the public for promotional printed materials, educational activities or for any other use for the benefit of the program.

Date \_\_\_\_\_ Signature \_\_\_\_\_

(Participant, Parent or Caregiver)



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## AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT FORM

Name \_\_\_\_\_ DOB \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Physician's Name \_\_\_\_\_ Preferred Medical Facility \_\_\_\_\_

Health Insurance Company \_\_\_\_\_ Policy # \_\_\_\_\_

Allergies to Medications \_\_\_\_\_

Current Medications \_\_\_\_\_

In the Event of an Emergency Contact:

Name \_\_\_\_\_ Relation \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Relation \_\_\_\_\_ Phone \_\_\_\_\_

### Consent for Emergency Medical Treatment:

In the event of an Emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, I authorize \_\_\_\_\_ to:

(Center's Name)

1. Secure and retain medical treatment and transportation if needed.
2. Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.

This authorization includes x-rays surgery, hospitalization, medication and any treatment procedure deemed "life-saving" by the physician. This provision will only be invoked if the person(s) above is unable to be reached.

Date \_\_\_\_\_ Consent Signature \_\_\_\_\_

Client, Parent or Legal Guardian

### Non-Consent for Emergency Medical Treatment:

I do not give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services or while being on the property of the agency.

Parent or legal guardian will remain on site at all times during equine assisted activity

In the event emergency treatment/aid is required, I wish the following procedure to take place

\_\_\_\_\_  
\_\_\_\_\_

Date \_\_\_\_\_ Non-Consent Signature \_\_\_\_\_

Client, Parent or Legal Guardian

*Signed in Presence of center staff*

**Please fill in either the consent or non-consent and sign and date underneath your choice.**



## ANNUAL HEALTH HISTORY AND CONTACT INFORMATION UPDATE FORM

Date: \_\_\_\_\_ Name of Participant: \_\_\_\_\_

Name of Parents/Guardian (if applicable) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: (Please print clearly) \_\_\_\_\_

Participant DOB: \_\_\_\_\_ Sex: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Diagnosis + changes: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Preferred Medical Facility: \_\_\_\_\_ Physicians Name: \_\_\_\_\_

Health Insurance Company: \_\_\_\_\_ Policy#: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Allergies: \_\_\_\_\_

Precautions/Restrictions: \_\_\_\_\_

Please explain any recent changes in health or behavior status: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name and Relationship: \_\_\_\_\_



## POSSIBLE REASONS FOR CLIENT DISCHARGE

Please be advised of the following reasons that may lead to discharge from the riding program.

1. The client has reached all of their goals and is ready to graduate.
2. The client's potential to maintain head and neck control while riding presents a safety concern.
3. Inability to follow directions is interfering with progress toward goals.
4. Uncontrolled and/or inappropriate behavior that constitutes a safety risk to client, staff and/or horse.
5. Client exceeds weight that can safely be managed by staff, volunteers, and/or horses.
6. Any change in the client's medical, physical, cognitive, or emotional condition that makes therapeutic riding inappropriate.
7. Three scheduled appointments are missed without prior cancellation.
8. Non-payment of fees as originally agreed.

I understand and agree with the possible reasons for client discharge.

Signature of Client or Legal Guardian: \_\_\_\_\_

Date: \_\_\_\_\_



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## SHADOW HILLS RIDER GOALS

Please help us help you get the most out of your classes by filling out the following goal setting sheet. Please hand back to your instructor at the next class. Thank you.

Rider name: \_\_\_\_\_  
Parent name: \_\_\_\_\_  
Email address: \_\_\_\_\_  
Class day/time: \_\_\_\_\_

All goals are reflective of the next term. The categories are meant as a guideline and may not apply to all students.

Riding goals: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physical goals: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Cognitive goals: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Social goals: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Goals Dated: \_\_\_\_\_





## INFORMATION FOR PHYSICIAN

The following conditions, if present, may represent precautions or contraindications to therapeutic horseback riding. Please complete the Shadow Hills Medical Release and Health History Assessment forms. Also, please note if any of the following conditions are present, and to what degree.

### **Orthopedic**

Spinal Fusion  
Spinal Instabilities/Abnormalities  
Atlantoaxial Instabilities  
Scoliosis  
Kyphosis  
Lordosis  
Hip Subluxation and Dislocation  
Osteoporosis  
Pathological Fractures  
Coxas Arthrosis  
Heterotopic Ossification  
Cranial Deficits  
Spinal Orthoses  
Internal Spinal Stabilization Devices

### **Neurologic**

Hydrocephalus/shunt  
Spina Bifida  
Tethered Cord  
Chiari II Malformation  
Hydromyelia  
Paralysis due to Spinal Cord Injury  
Seizure Disorders

### **Medical/Surgical**

Allergies  
Cancer  
Poor Endurance  
Recent Surgery  
Diabetes  
Peripheral Vascular Disease  
Varicose Veins  
Hemophilia  
Hypertension  
Serious Heart Condition  
Stroke (Cerebrovascular Accident)

### **Secondary Concerns**

Behavior Problems  
Age under Two Years  
Age Two - Four Years  
Indwelling Catheter  
Acute Exacerbation of  
Chronic Disorder

**(Please give to the rider's physician as a guideline for Therapeutic Riding)**



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## RIDER HEALTH HISTORY/ PHYSICIAN ASSESSMENT

Rider Name \_\_\_\_\_ DOB \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Address \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of Onset \_\_\_\_\_

Past/Prospective Surgeries: \_\_\_\_\_

Medications \_\_\_\_\_

Seizures Y N Type \_\_\_\_\_ Controlled Y N Date of Last Seizure \_\_\_\_\_

Shunts/Implants/Appliances \_\_\_\_\_

Hospitalizations/Surgery \_\_\_\_\_

Mobility: Independent Ambulation Y N Assisted Ambulation Y N Wheelchair Y N

Neurologic Symptoms of Atlanto Axial Instability \_\_\_\_\_

*\* Please indicate and comment on any Special Problem Areas Below:*

Area	Yes	No	Comments
Auditory			
Visual			
Speech			
Cardiac			
Circulatory			
Pulmonary			
Neurological/Sensation			
Bowel/Bladder			
Muscular			
Orthopedic			
Allergies			
Behavior			
Cognition			
Emotional/Psychological			
Other			



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## PHYSICIAN RELEASE

Rider Name: \_\_\_\_\_

To my knowledge there is no reason why this person cannot participate in supervised equestrian activities. However I understand that Shadow Hills Riding Club will weigh the medical information contained in the physician release form against existing precautions and contraindications. I concur with a review of this person's abilities/limitations by a licensed/credentialed health professional) e.g. PT, OT, Therapist, Psychologist, etc.) in the implementing of an effective equestrian program.

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician's name, address and telephone number. (please print, type or stamp):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Down Syndrome Students must have the following: Atlantoaxial Interval X-Ray**

Date: \_\_\_\_\_

Result: \_\_\_\_\_

*(To be filled out, dated and signed by the Riders Physician and returned to the Program Director for Shadow Hills Riding Club prior to any participation in the program)*

Shadow Hills Riding Club  
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